

BREAKFAST



- B1. 英式早餐** (煎蛋2隻 / 煙肉 / 紐倫堡腸 / 車厘茄 / 水耕菜沙律 / 多士) \$38
English Breakfast (Fried Eggs (2 pcs) / Bacon / Nurnberger Sausage / Cherry Tomatoes / HydroVeg Salad / Toast)
- B2. 歐陸早餐** (煎蛋1隻 / 雞扒 / 火腿 / 車厘茄 / 水耕菜沙律 / 多士) \$38
Continental Breakfast (Fried Egg(1 pc) / Chicken Thigh / Ham / Cherry Tomatoes / HydroVeg Salad/Toast)
- B3. 素食早餐** (煎蛋2隻 / 炒野菌 / 車厘茄 / 水耕菜沙律 / 多士) \$34
Vegetarian Breakfast (Fried Eggs(2 pcs) / Sautéed Mushrooms / Cherry Tomatoes / HydroVeg Salad / Toast)
- B4. 烤雜菜番茄湯螺絲粉** \$34
Roasted Vegetable Fusilli with Tomato Soup
- B5. 火腿蛋番茄湯螺絲粉** \$34
Ham & Egg Fusilli with Tomato Soup
- B6. 牛油果芝士高纖穀物乾果多士，拼水耕菜沙律** \$36
Avocado & Cheese on Muesli Toasted Bread with HydroVeg Salad
- B7. 嘉文火腿芝士高纖穀物乾果多士，拼水耕菜沙律** \$36
Gammon Ham & Cheese on Muesli Toasted Bread with HydroVeg Salad
- B8. 奇亞籽牛奶燕麥杯拼自選多士(煉奶 / 牛油 / 花生醬 / 果醬)** \$24
Chia Seeds & Oatmeal Cup, with Choice of Toast (Condensed Milk / Butter / Peanut Butter / Jam)
- B9. 奇亞籽牛奶燕麥杯，拼香蕉花生醬飛碟** \$28
Chia Seeds & Oatmeal Cup, with Banana & Peanut Butter Toastie
- B10. 芝士火腿飛碟，拼水耕菜沙律** \$29
Cheese & Ham Toastie with HydroVeg Salad
- B11. 牛油果雞肉飛碟，拼水耕菜沙律** \$33
Avocado & Chicken Toastie with HydroVeg Salad
- B12. 芝士火腿牛角酥，拼水耕菜沙律** \$34
Cheese & Ham Croissant with HydroVeg Salad
- B13. 碎蛋沙律牛角酥，拼水耕菜沙律** \$34
Egg Salad Croissant with HydroVeg Salad

*附送指定套餐飲品

檸檬茶 / 伯爵茶 / 英式早餐茶 / 奶茶 / 朱古力(8oz) 轉凍飲+\$3

Served with Set Drinks

Lemon Tea / Earl Grey Tea / English Breakfast Tea / Milk Tea / Chocolate(8oz) (Change to Iced Drink+\$3)

加配 TOP UP



奇亞籽燕麥杯(6oz)
CHIA SEEDS & OATMEAL
HOT CUP +\$8



是日餐湯(8oz)
DAILY SOUP +\$11



是日沙律杯(12oz)
DAILY SALAD CUP +\$15



鮮果杯(16oz)
FRESH FRUIT CUP +\$19

升級飲品 DRINKS UPGRADE

轉凍飲 Change to Iced Drink + \$3

+ \$3 即磨咖啡 / 蜂蜜生薑茶 / 蜂蜜柚子茶 / 御茗寧茶 / 甘檸草本茶(8oz)
Freshly Brewed Coffee / Honey Ginger Tea / Honey Citron Tea / Emperor's Treasure Blend Tea / Mint Tea

+ \$9 鮮奶咖啡 / 泡沫咖啡 / 朱古力咖啡(12oz) / 指定鮮果汁(13oz)
cafe latte / cappuccino / mocha / Selected Fresh Juice

+ \$19 Emma & Toms'果汁
Emma & Tom's 100% Cold Filled Juice



DAILY SET MENU



- A. **黑松露野菌意粉** \$ 64
Wild Mushroom Spaghetti with Truffle Cream Sauce
- B. **蒜香菠菜辣肉腸意粉** \$ 62
Spinach & Pepperoni Spaghetti with Garlic
- C. **香草忌廉蜆肉螺絲粉** \$ 62
Clams Fussili with Pesto Cream Sauce
- D. **肉醬千層** \$ 68
Lasagne Bolognese
- E. **牛油果 · 芝士 · 甜椒意大利軟包** \$ 62
Avocado, Cheese & Bell Pepper Ciabatta
- F. **牛油果 · 雞肉 · 芝士烤餅** \$ 54
Avocado, Chicken & Cheese Tortilla
- G. **芝士 · 菠菜 · 辣肉腸烤餅** \$ 54
Cheese, Spinach & Pepperoni Tortilla
- H. **意大利青瓜 · 芝士 · 菠菜墨西哥卷** \$ 54
Zucchini, Cheese & Spinach Mexican Wrap

*附送迷你是日沙律1客及是日餐湯(8oz)或*指定套餐飲品
檸檬茶 / 伯爵茶 / 英式早餐茶 / 奶茶 / 朱古力(8oz) 轉凍飲+\$3

Served with Mini Daily Salad & Daily Soup(8oz) or Set Drinks
Lemon Tea / Earl Grey Tea / English Breakfast Tea / Milk Tea / Chocolate (8oz) (Change to Iced Drink+\$3)

加配 TOP UP



奇亞籽燕麥杯(6oz)
CHIA SEEDS & OATMEAL +\$8
HOT CUP



鮮果杯(16oz)
FRESH FRUIT CUP +\$19

升級飲品 DRINKS UPGRADE

轉凍飲 Change to Iced Drink + \$3

- + \$3 **即磨咖啡 / 蜂蜜生薑茶 / 蜂蜜柚子茶 / 御茗寧茶 / 甘檸草本茶(8oz)**
Freshly Brewed Coffee / Honey Ginger Tea / Honey Citron Tea / Emperor's Treasure Blend Tea /
Mint Tea
- + \$9 **鮮奶咖啡 / 泡沫咖啡 / 朱古力咖啡(12oz) / 指定鮮果汁(13oz)**
cafe latte / cappuccino / mocha / Selected Fresh Juice
- + \$19 **Emma & Toms' 果汁**
Emma & Tom's 100% Cold Filled Juice



TEA



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|--------------|---|-------------|
| TS1. | 炸蝦潛堡
Crispy Fried Shrimp Submarine Sandwich | \$34 |
| TS2. | 炸魚潛堡
Crispy Fried Fish Fillet Submarine Sandwich | \$34 |
| TS3. | 芝士肉醬潛堡
Cheesy Bolognese Submarine Sandwich | \$30 |
| TS4. | 美式熱狗
American Hotdog | \$30 |
| TS5. | 芝士火腿飛碟，拼水耕菜沙律
Cheese & Ham Toastie with HydroVeg Salad | \$28 |
| TS6. | 牛油果雞肉飛碟，拼水耕菜沙律
Avocado & Chicken Toastie with HydroVeg Salad | \$32 |
| TS7. | 嘉文火腿芝士高纖穀物乾果多士，拼水耕菜沙律
Gammon Ham & Cheese, on Muesli Toasted Bread with HydroVeg Salad | \$34 |
| TS8. | 野菌芝士高纖穀物乾果多士，拼水耕菜沙律
Wild Mushroom & Cheese, on Muesli Toasted Bread with HydroVeg Salad | \$34 |
| TS9. | 慢煮辣雞胸伴田園沙律
Slow Cooked Spicy Chicken Breast with Green Salad | \$34 |
| TS10. | 炸魚柳田園沙律
Crispy Fried Fish Fillet Green Salad | \$38 |
| TS11. | 鮮蝦薄餅多士
Fresh Shrimp Pizza Toast | \$30 |
| TS12. | 牛油果薄餅多士
Avocado Pizza Toast | \$32 |
| TS13. | 卡邦尼意粉
Cabonara | \$50 |
| TS14. | 慢煮辣雞胸配番茄濃湯螺絲粉
Slow Cooked Spicy Chicken Breast, Fusilli with Tomato Soup | \$45 |
| TS15. | 香草醬忌廉牛油果螺絲粉
Avocado Fusilli with Pesto Cream Sauce | \$54 |

*附送套餐飲品

檸檬茶 / 伯爵茶 / 英式早餐茶 / 奶茶 / 朱古力(8oz) 轉凍飲+\$3

Served with Set Drinks

Lemon Tea / Earl Grey Tea / English Breakfast Tea / Milk Tea / Chocolate(8oz) (Change to Iced Drink+\$3)

加配 TOP UP



奇亞籽燕麥杯(6oz)
CHIA SEEDS & OATMEAL
HOT CUP +\$8



是日餐湯(8oz)
DAILY SOUP +\$11



是日沙律杯(12oz)
DAILY SALAD CUP +\$15



鮮果杯(16oz)
FRESH FRUIT CUP +\$19

升級飲品 DRINKS UPGRADE

轉凍飲 Change to Iced Drink +\$3

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|----------|-------------|--|
| + | \$3 | 即磨咖啡 / 蜂蜜生薑茶 / 蜂蜜柚子茶 / 御茗寧茶 / 甘檸草本茶(8oz)
Freshly Brewed Coffee / Honey Ginger Tea / Honey Citron Tea / Emperor's Treasure Blend Tea / Mint Tea |
| + | \$9 | 鮮奶咖啡 / 泡沫咖啡 / 朱古力咖啡(12oz) / 指定鮮果汁(13oz)
cafe latte / cappuccino / mocha / Selected Fresh Juice |
| + | \$19 | Emma & Toms' 果汁
Emma & Tom's 100% Cold Filled Juice |



SANDWICHES



	半份 Petite	全份 Regular
芝士火腿三文治 Ham & Cheese Sandwich	\$13	\$21
水耕菜碎蛋沙律三文治 HydroVeg & Egg Salad Sandwich	\$14	\$24
吞拿魚菠菜三文治 Tuna & Spinach Sandwich	\$17	\$30
意大利青瓜·車打芝士·菠菜三文治 Zucchini, Cheddar Cheese & Spinach Sandwich	\$19	\$34
慢煮雞肉凱撒三文治 Slow Cooked Chicken Caesar Sandwich	\$20	\$36
香草醬牛油果雜菜沙律三文治 Pesto, Avocado & Vegetable Salad Sandwich	\$20	\$36
慢煮辣雞胸·番茄·菠菜三文治 Slow Cooked Chicken Breast, Tomatoes & Spinach Sandwich	\$20	\$36
嘉文火腿·牛油果·菠菜三文治 Gammon Ham, Avocado & Spinach Sandwich	\$21	\$38
蜜糖芥末燒牛肉野菌三文治 Roast Beef, Wild Mushroom & Honey Mustard Sandwich	\$23	\$40
甜椒煙三文魚三文治 Bell Pepper & Smoked Salmon Sandwich	\$23	\$40
素雞牛油果三文治 Veggie Chicken & Avocado Sandwich	\$23	\$40

加配 TOP UP



奇亞籽燕麥杯(6oz)
CHIA SEEDS & OATMEAL
HOT CUP +\$8



是日餐湯(8oz)
DAILY SOUP +\$11



是日沙律杯(12oz)
DAILY SALAD CUP +\$15



鮮果杯(16oz)
FRESH FRUIT CUP +\$19

加配飲品 DRINKS TOP UP

轉凍飲 Change to Iced Drink +\$3

- + \$6 檸檬茶 / 伯爵茶 / 英式早餐茶 / 奶茶 / 朱古力(8oz)
Lemon Tea / Earl Grey Tea / English Breakfast Tea / Milk Tea / Chocolate
- + \$9 即磨咖啡 / 蜂蜜生薑茶 / 蜂蜜柚子茶 / 御茗寧茶 / 甘檸草本茶(8oz)
Fresh Brewed Coffee / Honey Ginger Tea / Honey Citron Tea / Emperor's Treasure Blend Tea / Mint Tea
- + \$15 鮮奶咖啡 / 泡沫咖啡 / 朱古力咖啡(12oz) / 指定鮮果汁(13oz)
Cafe latte / Cappuccino / Mocha / Selected Fresh Juice
- + \$23 Emma & Toms' 果汁
Emma & Tom's 100% Cold Filled Juice



GRILLED PANINI



	半份 Petite	全份 Regular
慢煮雞肉凱撒意式三文治 Slow Cooked Chicken Caesar Panini	\$27	\$46
意大利青瓜 · 慢煮辣雞胸意式三文治 Zucchini, Slow Cooked Spicy Chicken Breast Panini	\$27	\$46
艾文達芝士 · 牛油果 · 菠菜意式三文治 Emmental Cheese, Avocado & Spinach Panini	\$29	\$49
蜜糖芥末燒牛肉野菌意式三文治 Roast Beef, Wild Mushroom & Honey Mustard Panini	\$29	\$49
蜜糖芥末煙三文魚意式三文治 Smoked Salmon & Honey Mustard Panini	\$29	\$49

MEXICAN TORTILLA WRAP

慢煮雞肉凱撒墨西哥卷 Slow Cooked Chicken Caesar Mexican Wrap	\$39
慢煮辣雞胸烤南瓜墨西哥卷 Slow Cooked Spicy Chicken Breast & Roasted Pumpkin Mexican Wrap	\$39
牛油果藜麥墨西哥卷 Avocado & Quinoa Mexican Wrap	\$39
蜜糖芥末燒牛肉野菌墨西哥卷 Roast Beef, Wild Mushroom & Honey Mustard Mexican Wrap	\$41
煙三文魚碎蛋墨西哥卷 Smoked Salmon & Egg Salad Mexican Wrap	\$41

加配 TOP UP

 奇亞籽燕麥杯(6oz) CHIA SEEDS & OATMEAL HOT CUP +\$8	 是日餐湯(8oz) DAILY SOUP +\$11	 是日沙律杯(12oz) DAILY SALAD CUP +\$15	 鮮果杯(16oz) FRESH FRUIT CUP +\$19
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加配飲品 DRINKS TOP UP

轉凍飲 Change to Iced Drink + \$3

+ \$6	檸檬茶 / 伯爵茶 / 英式早餐茶 / 奶茶 / 朱古力(8oz) Lemon Tea / Earl Grey Tea / English Breakfast Tea / Milk Tea / Chocolate
+ \$9	即磨咖啡 / 蜂蜜生薑茶 / 蜂蜜柚子茶 / 御茗寧茶 / 甘檸草本茶(8oz) Fresh Brewed Coffee / Honey Ginger Tea / Honey Citron Tea / Emperor's Treasure Blend Tea / Mint Tea
+ \$15	鮮奶咖啡 / 泡沫咖啡 / 朱古力咖啡(12oz) / 指定鮮果汁(13oz) Cafe latte / Cappuccino / Mocha / Selected Fresh Juice
+ \$23	Emma & Toms' 果汁 Emma & Tom's 100% Cold Filled Juice



SALAD



時令鮮果杯 (16oz) Fresh Fruit Cup	\$28
水耕菜田園沙律 HydroVeg Green Salad	\$30
藜麥青蘋果田園沙律 Quinoa & Green Apples Green Salad	\$35
蛋蘋果沙律 Egg & Mixed Fruit Salad	\$33
吞拿魚蘋果沙律 Tuna & Apple Salad	\$34
香草醬螺絲粉沙律 Pesto Pasta Salad	\$35
慢煮雞胸香草醬螺絲粉沙律 Pesto Pasta Salad with Slow Cooked Chicken	\$40
慢煮雞肉凱撒沙律 Slow Cooked Chicken Caesar Salad	\$40
烤紅菜頭·烤南瓜·藜麥沙律 Roasted Beetroot, Pumpkin & Quinoa Salad	\$40
牛油果·艾文達芝士·菠菜沙律 Avocado, Emmental Cheese & Spinach Salad	\$44
煙三文魚·牛油果·烤野菜沙律 Smoked Salmon, Avocado & Roasted Vegetable Salad	\$46

加配 TOP UP

 奇亞籽燕麥杯(6oz) CHIA SEEDS & OATMEAL HOT CUP +\$8	 是日餐湯(8oz) DAILY SOUP +\$11	 是日沙律杯 DAILY SALAD CUP +\$15	 鮮果杯 FRESH FRUIT CUP +\$19
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加配飲品 DRINKS TOP UP

轉凍飲 Change to Iced Drink +\$3

+ \$6	檸檬茶 / 伯爵茶 / 英式早餐茶 / 奶茶 / 朱古力(8oz) Lemon Tea / Earl Grey Tea / English Breakfast Tea / Milk Tea / Chocolate
+ \$9	即磨咖啡 / 蜂蜜生薑茶 / 蜂蜜柚子茶 / 御茗寧茶 / 甘檸草本茶(8oz) Fresh Brewed Coffee / Honey Ginger Tea / Honey Citron Tea / Emperor's Treasure Blend Tea / Mint Tea
+ \$15	鮮奶咖啡 / 泡沫咖啡 / 朱古力咖啡(12oz) / 指定鮮果汁(13oz) Cafe latte / Cappuccino / Mocha / Selected Fresh Juice
+ \$23	Emma & Toms' 果汁 Emma & Tom's 100% Cold Filled Juice



DRINKS



精選咖啡 PREMIUM COFFEE

特濃咖啡 (1oz) / 雙份特濃咖啡 (2oz) Espresso (1oz) / Double Espresso (2oz)	熱 HOT \$16 (1oz)	\$20 (2oz)		
即磨咖啡 Freshly Brewed Coffee	熱 HOT \$18 (8oz)	熱 HOT \$24 (12oz)	凍 ICED \$21 (12oz)	凍 ICED \$27 (16oz)
鮮奶咖啡 / 泡沫咖啡 Café Latte / Cappuccino		\$30		\$36
朱古力咖啡 Café Mocha		\$33		\$39
榛子鮮奶咖啡 Hazelnut Latte		\$33		\$39
焦糖鮮奶咖啡 Caramel Latte		\$33		\$39

精選飲品 OTHER DRINKS

奶茶 Milk Tea		熱 HOT \$18 (8oz)	凍 ICED \$21 (13oz)
檸檬茶 Lemon Tea		\$18	\$21
朱古力 Chocolate		\$18	\$21
伯爵茶 / 英式早餐茶 Earl Grey Tea / English Breakfast Tea		\$18	
蜂蜜生薑茶 Honey Ginger Tea		\$21	\$24
蜂蜜柚子茶 Honey Citron Tea		\$21	\$24

鮮蔬果汁 FRUIT & JUICE (13oz)

西瓜汁 Water Melon Juice			\$26
奇異果汁 Kiwi Juice			\$26
火龍果汁 Dragon Fruit Juice			\$26

奇亞籽乳酪 CHIA SEED YOGHURT (13oz)

香蕉藍莓奇亞籽乳酪 Banana, Blueberry & Chia Seed Yoghurt			\$38
香蕉木瓜奇亞籽乳酪 Banana, Papaya & Chia Seed Yoghurt			\$38
牛油果香蕉奇亞籽乳酪 Avocado, Banana & Chia Seed Yoghurt			\$38